



## The Graeme Dingle Foundation and Centre for Community Research & Evaluation (CCRE) present 'Exploring the wellbeing of young people in Aotearoa'

| Speaker   | Synopsis   |
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| <p><b>Ronji Tanielu</b></p> <p><i>Social Policy and Parliamentary Unit, The Salvation Army New Zealand</i></p>                          | <p><b>Numbers and the real stories they tell</b></p> <p>This presentation is based on The Salvation Army's annual State of the Nation report which covers 22 social progress social indicators in NZ. These indicators or numbers tell stories and give snapshots into the realities of parts of our nation.</p> <p>The presentation will show how these numbers and stories could be used to develop positively disruptive and innovative interventions that could impact children and youth in Aotearoa.</p>   |
| <p><b>Kelsey Brown &amp; Emma Hope</b></p> <p><i>Senior Advisors, Child and Youth Voices, Office of the Children's Commissioner</i></p> | <p><b>What makes a good life? Children and young people's views on wellbeing</b></p> <p>In October and November 2018, the Office of the Children's Commissioner and Oranga Tamariki co-led an engagement, where over 6,000 children and young people gave their views on what makes a good life.</p> <p>In February 2019, these findings were published in the report, "<i>What makes a good life? Children and young people's views on wellbeing</i>". This presentation will present our findings and open a conversation about how to ensure the views of children and young people are listened and acted upon.</p>  |
| <p><b>Jade Phillips and Ami Durlabh</b></p> <p><i>Nielsen</i></p>   | <p><b>Impact of Social Media on Youth</b></p> <p>In 2017, a UK charitable trust, The Philips Family Foundation, who have an interest in addressing public health needs, funded a Royal Society for Public Health research project in the UK. The project examined social media and young people's mental health and wellbeing. In 2019, they are supporting the Graeme Dingle Foundation to conduct a similar study in New Zealand.</p> <p>The Graeme Dingle Foundation and Nielsen are designing a survey to explore questions on social media use in the New Zealand context. This presentation will present some insights from preparatory work conducted to identify which social media brands youth are using as well as the reasons they use it.</p> |

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| <p><b>Dr Kelsey Deane and Jane Zintl</b></p> <p><i>Senior Lecturer, University of Auckland &amp; CEO Ara Taiohi</i></p> | <p><b>Ngā Tikanga Whānaketanga – He Arotake Tuhinga</b></p> <p><b>(Document review on the principles of youth development)</b> is a multidisciplinary synthesis of contemporary Aotearoa New Zealand research on youth development and wellbeing. It is one component of several strands of work that form a broader review of the Youth Development Strategy Aotearoa (YDSA). Six Māori concepts provide the organising frames for the literature included in the review: Whakapapa, Mauri, Mana, Manaakitanga, Whanaungatanga, and Mātauranga.</p> <p>It incorporates findings from theoretical, conceptual and empirical research derived from qualitative, quantitative and mixed-methods designs, reviews and commentaries, all of which have been produced since the launch of the YDSA in 2002. This presentation will discuss its implications for the revised version of the YDSA principles and what the findings suggest about how to promote youth wellbeing from a youth development perspective.</p>   |
| <p><b>Madi Jones</b></p> <p><i>Massey University</i></p>  | <p><b>Impressions from the wild: A thematic analysis of adolescents' experience on Project K's Wilderness Adventure</b></p> <p>This research explored the perspectives of 23 Project K participants on their Wilderness Adventure experience. Thematic analysis of eight focus group discussions identified two superordinate themes of challenges and outcomes, with three subordinate themes pertaining to each. The three challenge themes were outside comfort zone, real consequences, and interpersonal challenges.</p> <p>The outcome themes were mastery, attitude, and interpersonal skills. This study informs PYD programmes, particularly involving wilderness interventions, by communicating the experience of adolescent participants, and the challenges and outcomes that were perceived to be meaningful for them.</p>   |
| <p><b>Liya Antony</b></p> <p><i>University of Auckland</i></p>  | <p><b>The Reintegration Experiences of Young People Following Participation in a Positive Youth Development Wilderness Adventure Programme.</b></p> <p>Residential outdoor adventure (OA) programmes have been recognised as one potentially successful intervention to promote positive youth development (PYD). OA programmes create a unique social and physical environment for experiential learning that encourages individual transformation. Nevertheless, young people may experience reintegration challenges upon their re-entry to home, school and peer contexts which can jeopardise the positive gains made during the OA experiences.</p> <p>PYD frameworks that are rooted in relational developmental systems (RDS) metatheory emphasise the importance of reciprocal interaction between youth and their complex and changing environment. Given that, the positive outcomes initiated during OA interventions are more likely to be sustained when youth participants are well supported upon their return. The research study addresses existing gaps about the reintegration process and the contextual factors that influence learning transfer and positive youth outcomes arising from participation in an OA intervention.</p> |