

Graeme Dingle Foundation Transformational Journey

Graeme Dingle Foundations aim is to have our young people transition through all our school-based programmes – Kiwi Can – Stars – Career Navigator – from age 5 through to 18 as a transformational journey that sets them up with a strong platform for adult life and a career.

Developmental Programmes



Delivered to every child each week of their primary school life. Age + stage appropriate. Promotes respect for self, others, property, enhanced relationships, increased attendance and reduction in bullying.



STARS

Yr 9s with mentors aged16-18

Facilitates successful transition to high school for entire Year 9 cohort. Through team building, weekly group peer-mentoring. Creates sense of belonging and positive school community. Young people stay, engage and achieve. Peer mentors develop confidence, lifelong leadership skills.



CAREER NAVIGATOR

15-18 year old's

Assists students to become work ready and have a purposeful pathway when they leave school. Also involves employer groups to create training and work opportunities. Students work alongside industry professionals as their mentors.

Developmental Programmes	Values, Life Skills	Stay in School & Achieve	Career Path	Leadership
KIWI CAN				
STARS				
CAREER NAVIGATOR				



All our programmes are aligned with the New Zealand Curriculum.

WHY GET INVOLVED IN DROP FOR YOUTH?

Our Southern tamariki and rangatahi face many challenges in this ever-changing world, so we are asking people across the Southern region to accept their own challenge, to live more and fear less and take part in Drop for Youth Southern!

We dare 'droppers' to jump off the AJ Hackett Kawarau Bridge Bungy in Queenstown. Shuffle to the edge, heart pounding and mind racing. Look down at the 43m drop into the freezing cold Kawarau River. 3, 2, 1 JUMP! **Are you up for it?!**

- ≥ Drop for Youth is a unique, FUN fundraiser which will challenge you to step out of your comfort zone just like our programmes challenge our young people.
- ≥ All funds raised will support the work of the Graeme Dingle Foundation helping tamariki and rangatahi know 'that what they have inside is greater than any obstacle' **in the Southern region**.
- ≥ Family and friends are invited to come along and witness their 'dropper' take the leap all in the community spirit of the Graeme Dingle Foundation.
- ≥ Graeme Dingle Foundation Southern will help set up each 'Dropper' with a givealittle page, where all participants can see their own and other 'droppers' fundraising efforts grow daily.
- ≥ 'Droppers' are asked to fundraise as much as possible for their bungy! The minimum amount to drop is \$780 per person or \$1000 for tandem. Every dollar invested in our programmes results in a \$7.80* return to New Zealand's Economy.
- ≥ All supporters will be assisted with ways in which to raise more and we will send all participants a 'droppers pack' including tips, ideas and social media templates.
- * Infometrics report update 2019



SHOW YOUR SUPPORT AND SIGN UP TODAY

When: Saturday 30th October 2021 2-4pm

Where: AJ Hackett NZ- Kawarau Bungy Centre, Queenstown

What to do:

- ≥ Decide you will Drop for Youth!
- ≥ Register <u>here</u>;

http://bit.ly/dfy2021register

Alternatively, you can send an email to events.southern@dinglefoundation.org.nz with the following information:

- * Your name
- * Contact email address and phone number
- * Attach a photo (for use on your give-a-little page)
- ≥ Join our Facebook event by clicking here and invite your friends too.
- ≥ Once you receive the link to your givealittle fundraising page share this with your family, friends and contacts. Encourage them to support your drop.
- ≥ Encourage your supporters to come along on the drop day and be part of the fun!

For more information please email:

events.southern@dinglefoundation.org.nz

WHAT YOU NEED TO KNOW



≥ WHEN

Saturday 30 October 2021

> WHERE

AJ Hackett NZ Kawarau Bungy Centre, SH6, Gibbston Valley, Queenstown

≥ HOW DOES THE FUNDRAISER WORK?

Once registered your fundraising will be tracked via givealittle. Droppers who fundraise the minimum target will drop at the event on the Saturday 30 October.

≥ HOW DO I FUNDRAISE?

Once registered you will be sent your givealittle page login details. Anyone can donate via givealittle, even your family and friends from overseas. You will be sent a 'droppers pack' which includes fundraising tips, social media templates and printable posters for your workplace. We are also looking into organising a couple of group fundraisers like Jingo and a pub quiz.

≥ HOW MUCH DO I NEED TO FUNDRAISE?

Our fundraising target this year is \$780. Every dollar donated to Graeme Dingle Foundation equates to \$7.80 back in the community (Infometrics report update 2019)...

≥ WHAT IF I DON'T REACH THE FUNDRAISING TARGET?

If you do not reach the fundraising target of \$780 for a single jumper or \$1000 for tandem jumpers, you will not be eligible to jump. Any funds raised will be used to help deliver our programmes to our Southern tamariki and rangatahi.

≥ WEIGHT LIMITS

Single Jumper between 35kg-235kg

Tandem Jumpers each jumper needs to weigh between 35kg-117kg individually max of 235kg combined in total. Difference between the two jumpers' weight must **not** be more than 30kg.

≥ MEDICAL CONDITIONS

You cannot jump if you are pregnant or if you have photosensitive epilepsy. If you have osteoporosis, scoliosis or have had a recent concussion you will need to bring a doctor's certificate.

≥ CAN I WEAR MY GLASSES?

For safety reasons glasses are not permitted to be worn while jumping. However, safety glasses are available free of charge.

≥ WHAT IF I AM SICK/ CAN'T MAKE IT ON JUMP DAY?

If you cannot make it on the day, you can either donate your jump to someone else or we can look at getting you a voucher for a later date.

≥ WHAT DO WE DO ONCE WE HAVE JUMPED?

You do not have to stick around but feel free to stay and enjoy the electric atmosphere and support our other droppers.

≥ DO I GET PHOTOS OR VIDEOS OF MY JUMP?

AJ Hackett bungy have camera in all the best spots. They can hook you up with photos and videos to show off at your own expense.

≥ HOW DO I GET THERE?

This is a drive yourself event. Pack the car with family, friends and supporters. This will be a fun day out for all. There is free car parking at the event.

≥ AGE LIMITS

You need to be over 10 years old. Children under 14 years old require a signature of consent from their parent **on the day** and to accompany them during the experience.