

Impact of COVID-19

Young people were asked to share their experience of COVID-19. The Graeme Dingle Foundation wanted to give them an opportunity to share their story and show the ways in which they had faced the challenges of COVID-19 and the restrictions on their lives.

Moving away from home

“ I was looking forward to a lot of things, a whole new life. Then COVID-19 came about and cancelled all things that I had planned for myself and took me back to square one. ”



Not reaching academic goals

“ I just lost all motivation in achieving my goals and leading a successful academic year... Reflecting back on my final year in high school, the guilt and disappointment hit hard. ”



Coming out of COVID-19

“ The biggest thing for me was that it really changed my ideas around life. I'm out more, doing more things that I love, and trying to keep my friendships alive by meeting my friends more. ”



Studying online and losing motivation

“ Studying online for me wasn't great, concepts were really challenging for me to grasp and I still struggle with studying online. ”



Change in mental health and well-being

“ I felt like I was LOST and had no point to what I was doing during lockdown period. COVID-19 impacted a lot of students as it left people feeling not having a sense of purpose/ belonging. ”



Everyone can pull together when needed

“ One good thing about COVID-19 was it showed me everyone can pull together when needed. ”

