Impact of COVID-19

Young people were asked to share their experience of COVID-19. The Graeme Dingle Foundation wanted to give them an opportunity to share their story and show the ways in which they had faced the challenges of COVID-19 and the restrictions on their lives.

Moving away from home

“I was looking forward to a lot of things, a whole new life. Then COVID-19 came about and cancelled all things that I had planned for myself and took me back to square one.”

Studying online and losing motivation

“Studying online for me wasn’t great. Concepts were really challenging for me to grasp and I still struggle with studying online.”

Not reaching academic goals

“I just lost all motivation in achieving my goals and leading a successful academic year... Reflecting back on my final year in high school, the guilt and disappointment hit hard.”

Change in mental health and well-being

“I felt like I was LOST and had no point to what I was doing during lockdown period. COVID-19 impacted a lot of students as it left people feeling not having a sense of purpose/belonging.”

Coming out of COVID-19

“The biggest thing for me was that it really changed my ideas around life. I’m out more, doing more things that I love, and trying to keep my friendships alive by meeting my friends more.”

Everyone can pull together when needed

“One good thing about COVID-19 was it showed me everyone can pull together when needed.”