



STARS TEINA

OVERVIEW

Stars Teina is the follow-on programme from Kiwi Can in a suite of Graeme Dingle Foundation programmes that aims to:

Inspire all school age New Zealand children to reach their full potential through programmes that help build self-confidence, promote good values and that teach valuable life, education and health skills.

Stars Teina is a year 7 and 8 programme ideally suited for intermediate schools. It is designed to help students make a successful transition into intermediate and secondary school. It uses an inquiry based learning approach to strengthen the sense of community within a school and brings younger and older students together with a 'buddy system'. Stars Teina develops positive relationships by encouraging older students to role model positive behaviour. The programme also builds student confidence and life-skills that can be transferred to their school and community.

BENEFITS OF STARS TEINA

Feedback shows Stars Teina supports students and the school community. Fun, experiential activities create opportunities for students to develop their social skills and interact with their peers and younger/older students. Year 8 students get to know the Year 7 students and role model positive behaviours, creating a more friendly, positive environment that eases the transition from primary to intermediate school.

As the programme embeds into the school, (and as Year 8 students move to secondary school and return to support the next cohort of Year 8 students), stronger bonds are created between the young people, increasing the sense of community in the school.

STARS TEINA IS DESIGNED TO

Provide experiences that build self-efficacy, encourage peer mentoring, help students to transition into intermediate and secondary school. The programme builds team work and leadership amongst the senior students.



Stars Teina helped me...

“By making me step up when I was at my lowest and it made it easier for me to know how others feel about me and how they feel when I’m around them.”

PROGRAMME STRUCTURE

Stars Teina follows the Kiwi Can framework of four themes of Positive Relationships, Respect, Integrity and Resilience over a two-year rolling programme (8 terms) using an Inquiry Based Facilitation style. Students are encouraged to explore the four themes of Stars Teina through their own questioning and discoveries. Stars Teina facilitators are trained and encouraged to move between the first three levels of Inquiry Based Facilitation.

Term One

Resilience (*Understanding emotion, Self-control/self-discipline, Problem Solving*)

- Supporting change and transition for Year 7 & Year 8 students
- Supporting Year 8 students as leaders in the school
- Self-awareness of how we act and react and working together to solve problems.

Term Two

Positive Relationships (*Positive Communication, Cooperation, Conflict Resolution*)

- Establishment of a buddy system between Year 7 & Year 8
- Focusing on Teamwork (Cooperation, Conflict Resolution and Communication)
- Year 8 buddies demonstrating leadership and role-model skills

Term Three

Respect (*For ourselves, For others, For our school*)

- With our self-awareness from Term 1 and our positive relationships from term 2 extending to respecting our unique selves and each other.
- Respect in a wider context to the environment we move in – our school (Completion of a School Project led by Year 8)
- Extending programme focus to citizenship.

Term Four

Integrity (*Honesty, Accountability, Being a role-model*)

- Exploring leadership & accountability (Year 7 leadership/Buddy support training)
- Transition -Year 8 students will work with Year 9/10 students through buddying.



Term One

Integrity (*Making good choices, Responsibility, Reliability*)

- Supporting change and transition for Year 7 & Year 8 students
- Supporting Year 8 students as leaders in the school

Term Two

Positive Relationships (*Friendship, Leadership, Fairness & Fairplay*)

- Establishment of a buddy system between Year 7 & Year 8
- Focusing on Teamwork
- Year 8 Buddies demonstrating leadership and role model skills

Term Three

Respect (*Respectful Communication, For our community, For our environment*)

- Expanding on our learnings from Term 1 and 2 to focus on communicating with others respectfully.
- Looking at our wider environment and completing a community based or environmental project led by Year 8 students

Term Four

Resilience (*Dealing with challenges, persevering, goal setting*)

- Focussing positively on potential challenges and the upcoming transitions.
- Year 9/10 students trained as buddies to support year 8 Transition
- Year 7 students learning skills for leadership as they become the tuakana of the school

A typical lesson allows the students to go through the inquiry process (planning, retrieving, creating, evaluating, reflecting & sharing) to establish knowledge or solutions to a values and life skills-based question.



“Stars Teina has taught me to be confident in what I do. I have learnt that my opinion matters, my voice is important, and to speak up when I don’t or do agree with something.”

Stars Teina student, Tokoroa Intermediate



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